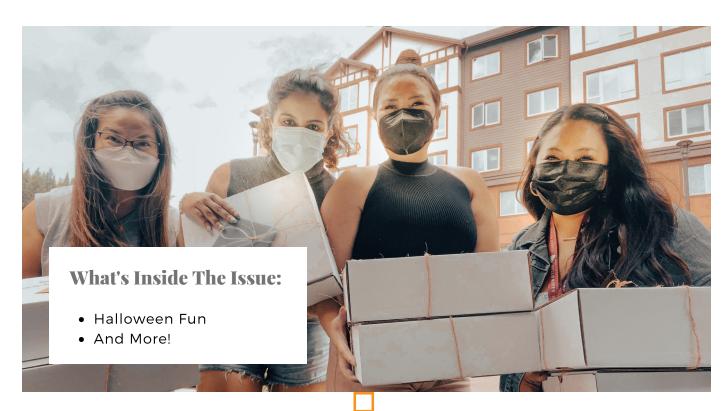
OCTOBER 2021 | ISSUE #8



SERENITY HOME CARE

"Committing to excellence by creating and maintaining lifetime client relationships by providing the highest quality service through tailored personal care."



Our Caregiver of the Month



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Caregiving is a rewarding career! If you know anyone in search of work, we are currently hiring!



Congratulations John T.!!! Thank you so much for all that you do and for all of your hard work. We are proud to announce you as our caregiver of the month! Keep up the great work, we couldn't do it without you!

HALLOWEEN

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Portland has many October and Halloween related festivities to celebrate this spook-tacular season!

- 1. Take a trip to Sauvie's Island! They offer a haunted corn maze sure be a thriller and a pumpkin patch amongst other fun activities. Be sure to try their fresh apple cider served both hot and cold! Yum!
- 2. Take a trip to St. Helens and experience the spirit of Halloweentown! Gather to see the lighting of the Great Pumpkin and take a haunted town tour or check out the scarecrow contest!
- 3. Stay in and watch your favorite
 Halloween movie, or have a movie
 marathon with all of your spooky
 favorites. Ours is The Craft and Practical
 Magic!
- 4. Carve some pumpkins to celebrate the season! It's always a classic tradition!
- 5. Participate in trick-or-treating! It is an oldie but a goodie!



Recipe Highlight



Warm your hands up with a nice hot cup of homemade apple cider! Topped with cinnamon and pure maple syrup. Tasty!



Halloween Fun Facts!

- 1. Jack-o-lanterns were inspired by an Irish legend of a man named Stingy Jack.
- 2. Candy corn was originally called "chicken feed".
- 3. The most lit jack-o-lanterns on display is 30, 581 in City of Keene, New Hampshire.
- 4. Illinois produces up to five times more pumpkins than any other state.
- 5. Skittles are ranked as the best Halloween candy.
- 6. The night before Halloween is called Mischief Night in some places.