



SERENITY HOME CARE

"Committing to excellence by creating and maintaining lifetime client relationships by providing the highest quality service through tailored personal care."



What's Inside The Issue:

- Recipes
- Summer Fun
- And More!

June Holidays

June 6	D-Day
June 8	National Best Friends Day
June 8	World Oceans Day
June 12	Philippines Independence Day
June 14	Flag Day
June 14	World Blood Donor Day
June 19	Juneteenth
June 20	Father's Day
June 21	International Yoga Day

Caregiver of the Month



We are proud to announce that for the month of June our caregiver of the month is Grace Hays! Thank you Grace we appreciate all of your hard work in all that you do. We couldn't do it without you on our team!

Summer Fun!!!

As we get into the full swing of summer, Portland life has a lot to see and do while the weather is perfect. Below we have compiled a list of our favorite places and events for the summer!



1. Visit a local natural park, here are some of our favorite spots!

- Hoyt Arboretum
- Forest Park
- Mt. Tabor Park

2. Go on a family friendly hike! Here are some trails:

- Eagle Creek Trail
- Powell Butte
- Timothy Lake
- Wachlella Falls

3. Pick some sweet berries and enjoy them on a warm summer's day!

- Sauvie Island Farms
- Rowell Bros Berry Farm
- Smith Berry Barn
- Draper Girls Country Farm

4. Smell the flowers and enjoy a picnic in these gardens!

- International Rose Test Garden
- Peninsula Park Rose Garden
- Portland Japanese Garden

Recipe Highlight



**Strawberry Spinach Salad
(with Strawberry Dressing!)**
acouplecooks.com

Enjoy this mouth watering summer salad, that is sure to hit the spot on a hot Portland afternoon! The strawberries are sure to add a sweet, vibrant flavor that pairs well with the vinaigrette.



Pet of the Month



Meet Rey! She is a sweet, loving wiener dog. Her favorite friend is Louis the toy poodle and they are inseparable from each other. Do you have a pet? If so, we are taking submissions on our Facebook page send us your nominations today!